

Special Ed and 504 Resources

At minimum, Special Education is impacted by:

- federal law (Individuals with Disabilities Education Act, a.k.a. IDEA; Section 504 of the Rehabilitation Act of 1973; Elementary and Secondary Education Act, aka ESEA; Americans with Disabilities Education Act, a.k.a. ADA) and regulations,
- state law and regulations (which must meet the minimum standards set by federal law and its regs),
- district policies and procedures (see Policy 2161 and Procedure 2161P; Policy 2162 and Procedure 2162P covers 504 plans),
- administrative law hearings and court cases related to all the above and how they are carried out

No wonder it is hard to keep up with what is relevant for your child's education services! So to assist you in being your child's best advocate, I've listed some resources.

Wrightslaw—super resource for families, books, enewsletter, articles, military page and some discounts

<http://www.wrightslaw.com/>

DirectSTEP –for Navy and any other Service Member families, DoD civilian and contractor families on Navy Installations, and k12 educators serving military children.

DirectSTEP eCourses are FREE, self-paced, and explain legal requirements and best practices for behavior management, autism, IDEA eligibility, IEP's and more. They also teach parents and educators how to handle critical education issues to obtain positive outcomes applying education laws to the day-to-day world of teaching and learning.

The process is simple; users go directly to the LRP site and self-register. To get yourself registered, go to

<http://navycyp.ds.lrp.com/login/index.php>

Access codes for each course are located on the Navy CYP E-library at

<https://www.cnic-n9portal.com/elibrary/index.cfm/document-library/> .

Type 'DirectSTEP Key Codes for Course Registration' into the search box at upper right corner.

Questions? Please contact LRP training staff toll-free at 1-800-515-4577, ext 6515 or via email at: directstep@lrp.com.

LRP Special Ed Connection—requires that you send your first and last name and email to the Everett School Liaison Officer to get registered.

Sped Connection is only open to Navy Active Duty Families, under funding by Navy.

National Resource Center on ADHD <http://www.help4adhd.org/>

Resources on children with ADHD, educational rights, books, and more

<http://www.help4adhd.org/en/education/rights/iepfav>

Chris Zeigler-Dendy, Ph.D.—parent, psychologist, and author <http://www.chrisdendy.com/>

- Teaching Teens with ADD, ADHD, and Executive Function Deficits (2011)—excellent resource for parents and teachers at 504 and IEP meetings
- Real Life ADHD (DVD)— for preteens thru young adults
- A Bird's-Eye View of Life with ADD and ADHD: Advice from Young Survivors 2nd Ed (2007)
- The ADD/ADHD Iceberg—wonderful visual, available on her website
- ADHD, Executive Function and School Success –article in ATTENTION magazine, also listed at <http://www.addrc.org/executive-function-and-school-success/>

Office of Superintendent of Public Instruction, WA State—including Procedural Safeguards (that booklet they always offer you at sped meetings—has important info), assessment options, graduation requirements, family guidance, special ed appeal alternatives, etc <http://www.k12.wa.us/specialed/>

PAVE <http://wapave.org/> and STOMP <http://wapave.org/programs/specialized-training-military-parents-stomp/>

Everett SLO resources—just ask me to email you the item or give you a copy. Call or email me with questions and concerns!

- Organizing Your Special Ed Records—easy to do; I'll even sit with you and we can do it together—just bring in your box/bag/envelopes of records
- Comparison of ADA, 504, and IDEA—compares type of law and purpose, whether it addresses Free and Appropriate Public Education (FAPE), funding sources if any, procedural safeguards, evaluation and placement procedures, and due process
- Student Centered Process—helps you plan and share info for 504 or IEP or any meeting about your child. Sections are Strengths, Concerns, Goals and Objectives, Services Needed, Placement(s). Frequently just doing the first 2 sections are enough to generate lots of discussions about your child's education.

Google is your friend! You can search for information on the type of disabilities that your child may be facing. There are organizations that provide support for autism spectrum disorder, specific learning disabilities, Down's Syndrome or other specific syndrome or genetic disorder. This is great way, learn more about the disability and education options, as well as to network with parents and locate specialists.

There are free e-newsletters on topics of special needs, so you can learn as you scroll and stay current on issues.

- SmartBrief on Special Education <http://r.smartbrief.com/resp/gGwLBWxvIRCOmEIGCidKqUCicNRWMx?format=standard>
- Disability Scoop <http://www.disabilityscoop.com/>
- Autism Speaks <https://www.autismspeaks.org/family-services/resource-library/magazines-newsletters>
- Brain Injury Association of America <http://www.biausa.org/>

Please remember that, as a Navy School Liaison Officer, I will work to help you be the best advocate you can be for your child. However, I cannot be your advocate in meetings with the school or district.

You can bring in a PAVE or STOMP advocate; you can have a friend or family member attend the meeting to take notes or support you.